

# DAVID B. FELDMAN, PH.D.

Associate Professor, Department of Counseling Psychology  
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## *Education*

### **Postdoctoral Fellowship, VA Palo Alto Health Care System, Palo Alto, CA (2004-2005)**

*Program:* Postdoctoral fellowship focused on populations with chronic, life-limiting, and terminal health conditions. Activities included clinical work, research, and supervision of psychology interns and practicum students.

*Clinical Settings:* Hospice and Palliative Care Center, Oncology-Hematology Outpatient Clinic, Behavioral Medicine Consult Service, Spinal Cord Injury Center

### **Clinical Psychology Internship, VA Palo Alto Health Care System, Palo Alto, CA (2003-2004)**

*Program:* American Psychological Association accredited clinical psychology internship program

*Clinical Settings:* Hospice and Palliative Care Center, Spinal Cord Injury Center, National Center for Posttraumatic Stress Disorder, Outpatient Mental Health Clinic

### **Ph.D. in Clinical Psychology, University of Kansas, Lawrence, KS (1998-2004)**

*Program:* American Psychological Association accredited clinical psychology program

### **B.A., DePauw University, Greencastle, IN (1994-1998)**

*Major:* Psychology, *Minor:* Spanish

Graduated Magna Cum Laude

## *Areas of Expertise*

- Hope—research, measurement, and applications in treatment and educational contexts.
- Maintenance of hope and meaning in the face of negative life events.
- Interventions derived from positive-psychology constructs.
- Psychological aspects of chronic and terminal medical illness.
- Posttraumatic stress and posttraumatic growth.
- Cognitive-Behavioral Therapies.

## *Publications*

### **Journal Publications**

Rosenstreich, E., **Feldman, D. B.**, Davidson, O. B., Maza, E., & Margalit, M. (in press). Hope, optimism, and loneliness among first-year college students with learning disabilities: A brief longitudinal study. *European Journal of Special Needs Education*.

**Feldman, D. B.**, Davidson, O. B., Margalit, M. (2015). Personal Resources, Hope, and Achievement among college students: The conservation of resources perspective. *Journal of Happiness Studies*, 16, 543-560.

**Feldman**, D. B., & Kubota, M. (2015). Hope, self-efficacy, optimism, and academic achievement: Constructs and levels of specificity in predicting college grade-point average. *Learning and Individual Differences*, *37*, 210-216.

Dreher, D. E., **Feldman**, D. B., & Numan, R. (2014). Controlling Parents Survey: Measuring the influence of parental control on personal development in college students. *College Student Affairs Journal*, *32*, 97-111.

**Feldman**, D. B., Sorocco, K. H., & Bratkovich, K. L. (2014). Treatment of posttraumatic stress disorder at the end-of-life: Application of the stepwise psychosocial palliative care model. *Palliative and Supportive Care*, *12*, 233-243.

**Feldman**, D. B., & Sills, J. R. (2013). Hope and cardiovascular health-promoting behavior: Education alone is not enough. *Psychology and Health*, *28*, 727-745.

**Feldman**, D. B., & Dreher, D. E. (2012). Can hope be changed in 90 minutes? Testing the efficacy of a single-session goal-pursuit intervention for college students. *Journal of Happiness Studies*, *13*, 745-759.

Davidson, O. B., **Feldman**, D. B., & Margalit, M. (2012). A focused intervention for first-year college students: Promoting hope, sense of coherence and self-efficacy. *Journal of Psychology*, *146*, 333-352.

**Feldman**, D. B. (2011). Posttraumatic stress disorder at the end of life: Extant research and proposed psychosocial treatment approach. *Palliative and Supportive Care*, *9*, 407-418.

Thompson, E., & **Feldman**, D. B. (2010). "Let Your Life Speak:" Assessing the effectiveness of a program to explore meaning, purpose, and calling with college students. *Journal of Employment Counseling*, *47*, 12-19.

**Feldman**, D. B., Rand, K. L., & Kahle-Wroblewski, K. (2009). Hope and goal attainment: Testing a basic prediction of hope theory. *Journal of Social and Clinical Psychology*, *28*, 479-497.

**Feldman**, D. B., & Kaal, K. J. (2007). Vicarious trauma and assumptive worldview: Beliefs about the world in acquaintances of trauma victims. *Traumatology*, *3*, 21-31.

**Feldman**, D. B., & Crandall, C. S. (2007). The dimensions of mental illness stigma: What about mental illness causes social rejection? *Journal of Social and Clinical Psychology*, *26*, 137-154.

**Feldman**, D. B. (2006). Can suicide be ethical? A utilitarian perspective on the appropriateness of choosing to die. *Death Studies*, *30*, 529-538.

Cheavens, J. S., **Feldman**, D. B., Gum, A., Michael, S. T., & Snyder, C. R. (2006). Hope therapy in a community sample: A pilot investigation. *Social Indicators Research*, *77*, 61-78.

Cheavens, J. S., **Feldman**, D. B., Woodward, J. T., & Snyder, C. R. (2006). Hope in cognitive psychotherapies: On working with client strengths. *Journal of Cognitive Psychotherapy*, *20*, 135-145.

**Feldman**, D. B., & Periyakoil, V. (2006). Posttraumatic stress disorder at the end of life. *Journal of Palliative Medicine*, *9*, 213-218.

**Feldman**, D. B., & Snyder, C. R. (2005). Hope and the meaningful life: Theoretical and empirical associations between goal-directed thinking and life meaning. *Journal of Social and Clinical Psychology, 24*, 401-421.

Snyder, C. R., Sigmon, D., & **Feldman**, D. B. (2003). Hope for the sacred and vice versa: Positive goal-directed thinking and religion. *Psychological Inquiry, 13*, 201-238.

Snyder, C. R., Lopez, S. J., Shorey, H. S., Rand, K. L., & **Feldman**, D. B. (2003). Hope theory, measurements, and applications to school psychology. *School Psychology Quarterly, 18*, 122-139.

Shorey, H. S., Snyder, C. R., Rand, K. L., Hockemeyer, J. R., & **Feldman**, D. B. (2003). Somewhere over the rainbow: Hope theory weathers its first decade. *Psychological Inquiry, 13*, 322-331.

**Feldman**, D. B. (2002). Functionalism in cognitive neuroscience and radical behaviorism: Narrowing the focus of debate. *The Behavior Therapist, April*, 73-78.

Snyder, C. R., **Feldman**, D. B., Shorey, H. S., & Rand, K. L. (2002). Hopeful choices: A school counselor's guide to hope theory. *Professional School Counseling, 5*, 298-306.

Snyder, C. R., Rand, K., King, E., **Feldman**, D. B., & Woodward, J. T. (2002). "False" hope. *Journal of Clinical Psychology, 58*, 1003-1022.

Ilardi, S. S., & **Feldman**, D. (2001). The cognitive neuroscience paradigm: A unifying metatheoretical framework for the science and practice of clinical psychology. *Journal of Clinical Psychology, 57*, 1067-1088.

Ilardi, S. S., & **Feldman**, D. (2001). On mental events, disciplinary boundaries, and reductionism: A reply to Plaud. *Journal of Clinical Psychology, 57*, 1103-1107.

Ilardi, S. S., & **Feldman**, D. (2001). Cognitive neuroscience and the progress of psychological science: Once more with feeling (and other mental constructs). *Journal of Clinical Psychology, 57*, 1113-1117.

Ilardi, S. S., & **Feldman**, D. (2001). Toward rapprochement: Comments on the role of biological science within cognitive neuroscience and radical behaviorism. *Journal of Clinical Psychology, 57*, 1121-1124.

Snyder, C. R., **Feldman**, D. B., Taylor, J. D., Schroeder, L. L., & Adams III, V. (2000). The roles of hopeful thinking in preventing problems and promoting strengths. *Applied & Preventive Psychology: Current Scientific Perspectives, 15*, 262-295.

**Feldman**, D. B. (1999). Spirituality: Mobilized in pursuit of the sacred. *Journal of Social and Clinical Psychology, 19*, 293-295.

### **Books**

**Feldman**, D. B., & Kravetz, L. D. (2015). *Supersurvivors: The surprising link between suffering and success*. New York: HarperCollins. (Paperback Edition)

**Feldman, D. B., & Kravetz, L. D. (2014).** *Supersurvivors: The surprising link between suffering and success*. New York: HarperCollins. (Hardcover Edition)

**Feldman, D. B., & Silvia, P. J. (2010).** *Public speaking for psychologists: A lighthearted guide to research presentations, job talks, and other opportunities to embarrass yourself*. Washington, DC: American Psychological Association.

**Feldman, D. B., & Lasher, S. A., Jr. (2008).** *The end-of-life handbook: A compassionate guide to connecting with and caring for a dying loved one*. Oakland, CA: New Harbinger Publications.

### **Book Chapters**

**Feldman, D. B., Balaraman, M., & Anderson, C. (in press).** Hope and meaning-in-life: Points of contact between hope theory and existentialism. In S. J. Lopez (Ed.), *Oxford handbook of hope*. New York: Oxford University Press.

**Feldman, D. B., Fischer, I. C., & Gressis, R. A. (in press).** What good is religious belief for fear of death and grief? In R. Fischer (Ed.), *Making sense of suffering, death, & dying*. Oxford, England: Inter-Disciplinary Press.

**Feldman, D. B., & Bach, J. (in press).** Hope. In H. Friedman (Ed.), *Encyclopedia of mental health, second edition*. New York: Elsevier.

Sorocco, K. H., Bratkovich, K. L., Whalen, J., & **Feldman, D. B. (2014).** Posttraumatic stress disorder and end-of-life care. In M. Matzo & D. W. Sherman (Eds.), *Palliative Care Nursing, Fourth Edition* (pp. 547-558). New York: Springer.

Maddux, J., **Feldman, D. B., & Snyder, C. R. (2014).** Promoting Mental Health and Psychological Well-Being in Adulthood. In T. Gullotta & M. Bloom (Eds.), *Encyclopedia of primary prevention and health promotion, second edition*. New York: Springer.

**Feldman, D. B. (2013).** The meaning of hope and vice versa: Goal-directed thinking and the construction of a meaningful life. In J. Hicks & C. Routledge (Ed.), *The experience of meaning in life: Classical perspectives, emerging themes, and controversies* (pp. 141-150). New York: Springer.

**Feldman, D. B., Davidson, O. B., & Margalit, M. (2013).** Promoting Hope, Sense of Coherence and Self-Efficacy in College: The Salutogenic Paradigm. In C. Krause & C. H. Mayer (Ed.), *Mental health: Theoretical and empirical discourses on salutogenesis*. London: LIT Publishers.

**Feldman, D. B., & Kubota, M. (2012).** Hope: Psychological perspectives on a spiritual virtue. In T. G. Plante (Ed.), *Religion, Spirituality, and Positive Psychology: Understanding the Psychological Fruits of Faith* (pp. 49-62). Westport, CT: Praeger/Greenwood.

**Feldman, D. B., & Llamas, J. (2011).** Working with family caregivers of persons with terminal illness. In S. H. Qualls & J. Kasl-Godley (Eds.), *End-of-life issues, grief, and bereavement: What clinicians need to know* (pp. 64-84). Hoboken, NJ: Wiley.

Pisca, N. E. & **Feldman, D. B. (2009).** Purpose in Life. In S. J. Lopez (Ed.), *The encyclopedia of positive psychology* (pp. 812-816). London: Blackwell.

**Feldman**, D. B., Kasl-Godley, J., Khouzam, A., Pisca, N. E., Cabrera, A. P., & Donboli, M. (2008). From cure to quality of life: The shifting meaning of hope at the end of life. In W. Bauman (Ed.), *Hope: Global interdisciplinary perspectives* (pp. 133-146). Oxford, England: Inter-Disciplinary Press.

McNichols, K. Z., & **Feldman**, D. B. (2007). Spirituality at the end of life: Issues and guidelines for care. In T. G. Plante & C. E. Thoresen (Eds.), *Spirit, science and health: How the spiritual mind fuels the body*. Westport, CT: Praeger/Greenwood.

Maddux, J., Snyder, C. R., & **Feldman**, D. B. (2003). Mental health, adulthood: Goals, hope, and happiness. In T. Gullotta & Martin Bloom (Eds.), *Encyclopedia of primary prevention and health promotion* (pp. 696-705). New York: Kluwer.

**Feldman**, D. B., & Snyder, C. R. (2002). The State Hope Scale. In J. Maltby, C.A. Lewis, and A. Hill (Eds.), *A handbook of psychological tests*. Lampeter, Wales, UK: Edwin Mellen.

Snyder, C. R., & **Feldman**, D. B. (2000). Hope for the many: An empowering social agenda. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 389-412). San Diego, CA: Academic Press.

Taylor, J. D., **Feldman**, D. B., Saunders, R. W., & Ilardi, S. S. (2000). Hope theory and cognitive-behavioral therapies. In C. R. Snyder (Ed.), *Handbook of hope: Theory, measures, and applications* (pp. 389-412). San Diego, CA: Academic Press.

### **Other Publications**

**Feldman**, D. B. (2015, April 8). Is it right to blame depression for the crash of Germanwings Flight 9525? *The Huffington Post*. Retrieved from [http://www.huffingtonpost.com/david-feldman/is-it-right-to-blame-depression-for-the-crash-of-germanwings-flight-9525\\_b\\_7011660.html](http://www.huffingtonpost.com/david-feldman/is-it-right-to-blame-depression-for-the-crash-of-germanwings-flight-9525_b_7011660.html).

**Feldman**, D. B., & Kravetz, L. D. (2014). Supersurvival of the fittest. *Psychology Today, July/August*, 78-86.

**Feldman**, D. B., & Silvia, P. J. (2011). Don't do that! Five things to avoid when planning your first conference speech. *Eye on Psi Chi, 15*, 23-25.

**Feldman**, D. B. (2010). Book review: The Psychology of Hope. *Turning Points, December*, 3-4.

**Feldman**, D. B. (2009). Setting the conditions for hope. *Healing Journeys, Spring*, 1-3.

**Feldman**, D. B. (2008). A grandson's devotion results in *The End-of-Life Handbook. Aging Today*, 29, 14-15.

**Feldman**, D. B. (2000). Blood, sweat, and careers III: An interview with Dr. Jack Wiggins about the quest to gain prescription privileges for psychologists and what graduate students should know about it. *The Clinical Psychologist, Winter*.

**Feldman**, D. B. (2000). Blood, sweat, and careers II: Marsha Linehan and C. R. Snyder offer stories and advice for graduate students. *The Clinical Psychologist, Fall*.

**Feldman**, D. B. (1999). Blood, sweat, and careers: Two successful psychologists offer stories and guidance for graduate students. *The Clinical Psychologist*, Winter.

### **Peer-Reviewed Conference Presentations**

Heiy, J., **Feldman**, D., Rand, K., & Cheavens, J. (2015, February). *A laboratory-based assessment of hope theory: Goals and pathways*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

**Feldman**, D. B., Fischer, I. C., & Gressis, R. A. (2014, November). *What good is religious belief for fear of death and grief?* Paper presented at annual Making Sense of Suffering, Death, and Dying conference, Prague, Czech Republic.

Kubota, M., **Feldman**, D. B., Bach, J., & Kravetz, L. D. (2014, February). *Hope, self-efficacy, optimism, and GPA: A path-analytic study*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Scolio, J., **Feldman**, D. B., & Stiles, W. B. (2010, June). *Testing the efficacy of a self-help technique that combines descriptions and reflections of problem-specific feelings and thoughts*. Paper presented at the annual conference of the Society for Psychotherapy Research, Asilomar, CA.

Scolio, J., **Feldman**, D. B., & Stiles, W. B. (2009, October). *Testing a self-help technique that combines mindfulness and reflection of feeling*. Paper presented at the annual conference of the New England Society of Psychotherapy Research, Williams College, Williamstown, MA.

**Feldman**, D. B., & Sills, J. R. (2009, April). *Hope, education, and the importance of health behavior among Asian and Latino immigrant populations*. Paper presented at the annual Society of Behavioral Medicine conference, Montreal, Canada.

**Feldman**, D. B., Kasl-Godley, J., Khouzam, A., Pisca, N. E., Cabrera, A. P., & Donboli, M. (2007, September). *From cure to quality of life: The shifting meaning of hope at the end of life*. Paper presented at third annual Hope: Probing the Boundaries conference, Oxford University, Oxford, England.

**Feldman**, D. B. (2007, June). *Posttraumatic stress disorder at the end of life*. Presentation delivered at the annual International Congress on Traumatic Stress, Buenos Aires, Argentina.

**Feldman**, D. B., & Dunn, M. (2006, September). *Palliative care in individuals with spinal cord injury: Psychosocial guidelines and challenges*. Presentation delivered at the annual conference of the American Association of Spinal Cord Injury Psychologists and Social Workers, Las Vegas, NV.

Kaal, K. J., & **Feldman**, D. B. (2006, June). *Assumptive Worldview in Acquaintances of Trauma Victims*. Poster presented at the 4<sup>th</sup> World Congress on Traumatic Stress, Buenos Aires, Argentina.

Phillips, P. B., & **Feldman**, D. B. (2005, March). *Depth perception: Psychology and spiritual care at the end of life*. Presentation delivered at the annual conference of the Association of Professional Chaplains, Albuquerque, NM.

Phillips, P. B., & **Feldman**, D. B. (2005, February). *Depth perception: Psychology and spiritual care at the end of life*. Presentation delivered at the annual conference of the California Hospice Foundation, Berkeley, CA.

**Feldman**, D. B. (2002, July). *Finding Order in Chaos: Informational construals in the benefit-finding process*. Poster presented at the biannual conference of the International Society for Personal Meaning, Vancouver, Canada.

**Feldman**, D. B., & Snyder, C. R. (2001, August). *Hope, goals, and meaning in life: Shedding new light on an old problem*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

Cheavens, J. C., Gum, A., **Feldman**, D. B., Michael, S. T., & Snyder, C. R. (2001, August). *A brief group intervention for raising hope*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

**Feldman**, D. B., & Snyder, C. R. (2001, May). *Traumatic information: The theoretical and empirical associations of hope and belief with stress-related growth*. Poster presented at the Midwestern Psychological Association annual convention, Chicago, IL.

Snyder, C. R., **Feldman**, D. B., Taylor, J. D., Schroeder, L. L., Gum, A., Michael, S., & Adams III, V. (2000, October). *Children's hope: A problem prevention approach*. Poster presented at the Kansas Conference in Clinical Child Psychology: Translating Research into Action, Lawrence, KS.

Snyder, C. R., Taylor, J. D., Schroeder, L. L., **Feldman**, D. B., Cheavens, J., Thompson, L. Y., & Tran, T. (2000, October). *Children's hope: A strength enhancement approach*. Poster presented at the Kansas Conference in Clinical Child Psychology: Translating Research into Action, Lawrence, KS.

#### **Invited Presentations (abbreviated representative list)**

**Feldman**, D. B. (2015, March). *Growth in the midst of suffering*. Invited address delivered at the eighth annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman**, D. B., & Kravetz, L. D. (2014, August). *Suffering and success in Silicon Valley*. Invited address delivered at the annual LitQuake book conference, Palo Alto, CA.

**Feldman**, D. B., & Kravetz, L. D. (2014, August). *The surprising link between suffering and success*. Presentation for the staff of Facebook, Menlo Park, CA.

**Feldman**, D. B., & Kravetz, L. D. (2014, July). *Supersurvivors: In conversation with Dan Arieli*. Presentation and Q&A at the Google main campus, Mountain View, CA.

**Feldman**, D. B. (2014, March). *Hope: What it is and why it's important in higher education*. Workshop for the faculty and staff of Sinclair Community College, Dayton, OH.

**Feldman**, D. B., (2013, March). *Nurturing hope in hospice*. Presentation at annual Kaiser Permanente Hospice retreat, Villobrosa Retreat Center, Menlo Park, CA.

**Feldman**, D. B. (2012, May). *The shifting nature of hope at the end of life*. Presentation at annual Kaiser Permanente Hospice retreat, El Retiro Retreat Center, Los Altos, CA.

**Feldman**, D. B. (2011, June). *Posttraumatic stress disorder and anxiety at the end of life*. Invited address delivered at the Department of Veterans Affairs Integrating Mental Health into Palliative Care conference, Phoenix, AZ.

**Feldman, D. B.** (2010, October). *The power of hope*. Invited address delivered at the annual Cancer as a Turning Point conference, San Mateo, CA.

**Feldman, D. B.** (2010, June). *Preparing and delivering an academic job talk*. Presentation delivered to the doctoral students and faculty of the Department of Psychology, University of Kansas, Lawrence, KS.

**Feldman, D. B.** (2010, January). *Public speaking without embarrassing yourself*. Presentation delivered to the undergraduates, graduate students, and faculty of the Department of Psychology, Ohio State University, Columbus, OH.

**Feldman, D. B., & Lasher, S. A., Jr.** (2009, March). *Unexpected opportunities: How some patients and families find love, humor, and hope at the end of life*. Invited address delivered at the second annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman, D. B.** (2009, March). *From cure to quality of life: The shifting nature of hope at the end of life*. Invited address delivered at the second annual Compassion in Action hospice and palliative care conference, Santa Clara, CA.

**Feldman, D. B.** (2009, June). *Hope: What it is and Why it's Important for Cancer Survivors*. Invited address delivered at the annual Cancer as a Turning Point conference, Greenville, SC.

**Feldman, D. B.** (2008, November). *Hope: What it is and why it's important*. Invited address delivered at the Happiness and Its Causes conference, San Francisco, CA.

**Feldman, D. B.** (2008, September). *From cure of quality of life: The shifting meaning of hope at the end of life*. Keynote address delivered at the annual Palliative Care Conference, California Pacific Medical Center, San Francisco, CA.

**Feldman, D. B.** (2008, July). *Counseling the family caregivers of terminally ill patients*. Invited presentation delivered at the annual National Clinical Geropsychology Conference, University of Colorado at Colorado Springs.

**Feldman, D. B.** (2008, May). *The psychosocial treatment of posttraumatic stress disorder at the end of life*. Invited presentation delivered at the Department of Veterans Affairs Collaborations in Home and Community-Based Care conference, Minneapolis, MN.

## ***Teaching Experience***

**Associate Professor**, Department of Counseling Psychology, Santa Clara University (2005 to present)

*Courses:* CPSY 214 (Evidence-Based Approaches to Psychotherapy), CPSY 217 (Short-Term Approaches to Psychotherapy), CPSY 218 (Theories of Personality and Psychotherapy), CPSY 224 (Evidence-Based Treatments I), CPSY 225 (Evidence-Based Treatments II), CPSY 265 (Cognitive-Behavioral Therapy), CPSY 291 (Counseling for Grief, Loss, and Trauma), CPSY 318 (Clinical Assessment I: Advanced Psychopathology), PSYC 160 (Personality).

*Duties:* "CPSY" courses are instructed in the graduate counseling psychology program, "PSYC" courses are instructed in the undergraduate psychology program.



**Center for Professional Development**, Santa Clara University, Santa Clara, CA (2006 to present)

*Courses:* CPSY x236 (Cognitive-Behavioral Therapy: Basic Concepts and Techniques), CPSY x237 (Working with Schemas: An Advanced Cognitive-Behavioral Technique); CPSY x263 (Hope: What It Is and Why It's Essential in Psychotherapy), CPSY x681 (Counseling the Family Caregiver on End-of-Life Issues).

*Duties:* Courses are instructed in the continuing education program run by the graduate counseling psychology program at Santa Clara University.

**Clinical Supervisor**, VA Palo Alto Health Care System, Palo Alto, CA (Sept. 2004 to Sept. 2005)

*Duties:* Supervision of psychology interns and doctoral students in working with patients with a variety of mental health issues as well as medical conditions, including cancer, chronic obstructive pulmonary disease, congestive heart failure, and spinal cord injury.

**Independent Study Supervisor**, University of Kansas, Lawrence, KS (Spring 2000 to Spring 2003)

*Duties:* Responsible for supervising undergraduate research assistants and honors thesis students, providing students with reading material, and conducting research team meetings.

**Assistant Instructor**, University of Kansas, Lawrence, KS (Summer 2000 to Fall 2002 semesters)

*Courses:* 8 sections of PSYC104 (General Psychology), 6 sections of PSYC120 (Personality), and 2 sections of PSYC121 (Honors Personality)

*Duties:* Responsible for all aspects of instructing the courses listed above.

## ***Clinical Work***

**Spinal Cord Injury Center, Inpatient Unit**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* March 2005 to September 2005

*Duties:* Worked with quadriplegic and paraplegic patients with terminal or life-threatening diseases. Performed assessment, individual and family therapy, and consultation with medical professionals. Trained psychosocial personnel to speak with patients about death-and-dying issues.

**Hospice and Palliative Care Center**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* March 2003 to September 2005

*Duties:* Assessment, diagnosis, treatment planning, individual therapy, family therapy, couples therapy, consultation with physicians, nurses, and social workers. Populations treated include inpatients and outpatients suffering from chronic, untreatable, and/or terminal illnesses such as cancer, congestive heart failure, chronic obstructive pulmonary disease, and others.

**Oncology-Hematology Clinic**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* September 2004 to March 2005

*Duties:* Intake, assessment, treatment planning, and treatment of individuals within an outpatient medical setting. Services offered include very brief as well as longer-term individual therapy, family therapy, and couples therapy in close consultation with physicians, nurses, and social workers. Populations treated include individuals with cancer and blood diseases.

**Outpatient Mental Health Center**, VA Palo Alto Health Care System, Palo Alto, CA

*Dates of work:* March 2003 to August 2004

*Duties:* Assessment, diagnosis, treatment planning, case-management, individual and group treatment provision. Populations treated included outpatients with various mental health conditions.

**Spinal Cord Injury Center, Inpatient Unit, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* September 2003 to February 2004

*Duties:* Assessment, diagnosis, treatment planning, individual therapy, family therapy, couples therapy, consultation with physicians, nurses, and social workers. Populations treated included veterans and active-duty military personnel with paraplegia, quadriplegia, and multiple sclerosis.

**National Center for PTSD Residential Program, VA Palo Alto Health Care System, Palo Alto, CA**

*Dates of work:* September 2003 to February 2004

*Duties:* Assessment, diagnosis, group facilitation, trauma focus/exposure therapy, case-management. Populations treated included veterans of the Korean, Vietnam, and Persian Gulf Wars.

**University of Kansas Mediation Clinic, Lawrence, KS**

*Dates of work:* July 2001 to May 2003

*Duties:* Co-mediator of divorce disputes. Population consisted of adults ages 26 to 50.

**University of Kansas Psychological Clinic, Lawrence, KS**

*Dates of work:* June 1999 to July 2003

*Duties:* Intake, psychological testing, assessment, diagnosis, individual therapy, family therapy, couples therapy. Populations treated included adults and adolescents with a variety of diagnoses.

**St. Joseph Children's Treatment Center, Dayton, OH**

*Dates of work:* May to August (Summer), 1997

*Position:* Residential Treatment Specialist

*Duties:* Daily care of children in residential treatment, co-facilitation of anger management and social skills groups. Population treated consisted of children ranging in age from 6 to 12 with a variety of diagnoses.

**Twin Valley State Mental Health Center, Dayton, OH**

*Dates of work:* May to August (Summer), 1996

*Position:* Summer practicum student

*Duties:* Assisted in the daily care of individuals with Schizophrenia and aided in the facilitation of psychoeducational groups to increase medication compliance. Population treated consisted of adults found "Not Guilty by Reason of Insanity" of a felony.

## ***Grants, Awards, & Honors***

**One of the "20 Best Books to Read This Summer", *Business Insider* (June, 2014)**

My book, *Supersurvivors*, was chosen by this high-profile national publication as one of the top reads of Summer, 2014. Other books chosen included Arianna Huffington's *Thrive* and the newest edition of the *Freakonomics* series by Steven D. Levitt and Stephen J. Dubner.

**Bannan Research Grant, Santa Clara University (2013-2014)**

*Description:* Recipient of a research grant from the university to conduct a study examining the association of various aspects of spiritual belief with the grief process in the aftermath of loss.

**"Great Psychology Book" of the Month, all-about-psychology.com (March, 2010)**

My book, *Public Speaking for Psychologists*, was chosen as the March 2010 book of the month on this high-traffic web site for psychology students; past books of the month include Stephen Pinker's *The Blank Slate* and Philip Zimbardo's *The Lucifer Effect*.

**Presidential Research Grant, Santa Clara University (2009-2010)**

*Description:* Recipient of a research grant from the university to conduct a study examining the association between being raised with a “helicopter” parenting style and levels of hope and locus of control in college students.

**Thomas Terry Research Grant, Santa Clara University (2007-2009)**

*Description:* Recipient of a research grant from the university to conduct a study testing the effectiveness of an intervention to raise hope and goal-achievement in college students.

**Irving-Handelsman Graduate Student Teaching Award, University of Kansas (2002)**

*Description:* First recipient of an annual monetary award given for outstanding performance as an instructor of psychology.

**David Schulman Award, University of Kansas (2001)**

*Description:* Annual monetary award given for overall achievement as a clinical psychology graduate student.

**Undergraduate Awards and Honors, DePauw University (1994-1998)**

*Phi Beta Kappa* (national honors society for undergraduate academics), *Psi Chi* (national honors society in psychology), *Sigma Delta Pi* (national honors society in Spanish), *Magna Cum Laude*.

## ***Editorial and Board Activities***

### **Manuscript Reviewer**

*Psychological Science* (one manuscript reviewed, 1/13)

*Journal of Happiness Studies* (twelve manuscripts reviewed; 3/07-present)

*Learning and Individual Differences* (one manuscript reviewed, 5/15)

*Journal of Research in Personality* (one manuscript reviewed, 1/14)

*Journal of Personality* (three manuscript reviewed; 1/09, 7/12, 12/13)

*Journal of Social and Clinical Psychology* (ten manuscripts reviewed; 2/99-present)

*Motivation and Emotion* (six manuscripts reviewed; 11/08, 2/10, 6/11, 2/12, 6/12, 2/15)

*Supportive Care in Cancer* (two manuscripts reviewed, 5/15, 7/15)

*Community Mental Health Journal* (one manuscript reviewed, 4/15)

*Journal of Pain and Symptom Management* (one manuscript reviewed, 4/12)

*Journal of Contemporary Psychotherapy* (one manuscript reviewed; 10/09)

*International Journal of Behavioral Medicine* (one manuscript reviewed; 8/08)

*Journal of Research on Adolescence* (one manuscript reviewed; 8/09)

*Patient Education and Counseling* (one manuscript reviewed; 5/07)

*Death Studies* (one manuscript reviewed; 3/06)

*Journal of Applied Social Psychology* (one manuscript reviewed; 12/05)

*Journal of Personality and Social Psychology* (one manuscript reviewed; 11/03)

### **Book Proposal Reviewer**

Oxford University Press (two proposals reviewed; 4/10, 10/10)

### **External Peer-Reviewer for the South African National Research Foundation**

Two reviews completed (7/10, 9/14)

**Program Committee, “Hope: Probing the Boundaries” conference, Oxford, England (3/08-4/08)**

*Duties:* I sat on the program committee of the fourth “Hope: Probing the Boundaries” conference, Oxford University, Oxford, England. Responsibilities included reviewing submitted abstracts and providing input regarding papers to be included in both the conference and resulting edited book.

**Editor of the “Student Forum” (11/99-11/01)**

*Publication:* The “Student Forum” is the graduate student section of the APA Division 12 newsletter, *the Clinical Psychologist*

*Duties:* Responsibilities included appointing an editorial board, reviewing manuscript submissions, making all major editorial decisions, corresponding with authors, and writing occasional columns.

## ***Other Professional Activities***

**Professional Group Memberships**

*American Psychological Association*

*Society of Personality and Social Psychology*

**Miscellaneous**

*Con conversationally fluent in Spanish*

***References supplied upon request***